

Parental Permission Form

Basic Information



Basic Information for the 2008 Famine



Please read through the following guidelines and policies to understand some changes made for this year.

Participation:

- All students in grades 7-12 can participate in the 30 Hour Famine, provided that they have the parent permissions form signed.
- Friends (i.e. non-RCCC students) may also participate, subject to the same rules and guidelines as RCCC students.
- In order to participate in the lock-in **AND/OR** the service project, the permission form indicating participation must be turned in by **March 23, 2008**. This is the only date that we can guarantee space on the service projects.
- Students are still permitted to sign up from March 23 to April 18. However, these students will **NOT** be allowed to participate in the lock-in. Also, it is likely that service project options will not be available due to space; if space available, it will be on a first-come, first-service basis. (See below)

Lock-In:

- The lock-in officially begins 10:30p.m. Friday, April 25 (after youth group).
- The lock-in will be chaperoned by youth ministry staff and parents. Guys and girls will have completely separated sleeping arrangements.
- Students wanting to participate in the lock-in must also raise at least \$30 (family self-donations do not qualify).

Service Project:

- The Service Project is a chance for students to go off-site to a location in the Triangle area to serve the needs of the community. We typically leave in the morning (anywhere from 8:00-9:30a.m.) and return in the early afternoon (1:00-2:00). Examples of previous years' service projects include nursing homes, food bank, etc.
- These projects are chaperoned by parents of RCCC youth. These parents may also be the drivers for the project teams.
- Service project space is limited to those who sign up before March 23. If space is still left, then those will be open on a first-come, first serve basis.

Famine Schedule:

- Friday, April 25
 - 12:30p.m. Students begin Famine on their own (i.e. fast after lunch)
 - 07:30p.m. Famine-related Youth Group (open to all, don't have to be doing the Famine)
 - 10:30p.m. All non-Famine, non-lock-in students asked to go home. Lock-in Begins
 - 12:30a.m. Official Lights Out (or earlier for individual students)
- Saturday, April 26
 - 08:00a.m. Wake Up
 - 08:30a.m. Leave for Service Projects
 - 02:00p.m. All groups return from service projects
 - 03:00p.m. Begin afternoon session(s): film, games, small group Bible Study
 - 06:30p.m. 30 Hours ends. Potluck Dinner, all family is invited.

**Fasting is a physical benefit for most people. Most youth will have no problems completing the 30 Hour Famine; however, modifications can be made as necessary. If you have any health-related questions about your child's participation in the Famine, please consult your doctor.

For more information on fasting, you can request a "Facts on Fasting" sheet from your Famine group leader. You can also obtain this sheet by calling **1-800-7-FAMINE** or finding it at www.30hourfamine.org.

"World Vision is a Christian relief and development organization dedicated to helping children and their communities worldwide reach their full potential by tackling the causes of poverty. Motivated by our faith in Jesus, we serve the poor as a demonstration of God's unconditional love for all people – regardless of a person's religion, race, ethnicity, or gender."

Parental Permission Form (please print)



Dear Parent/Legal Guardian,

Your child has shown an interest in participating in World Vision's 30 Hour Famine with Raleigh Chinese Christian Church (RCCC), April 25-26, 2008. Participation means that your child will:

- Find Famine sponsors and collect money to help those around the world who suffer from hunger, poverty, and a lack of hope.
- Miss three main meals by fasting for 30 hours
- Drink only water and/or juice during those 30 hours.

If your son/daughter is not physically capable of fasting for 30 hours, he or she can still participate in a modified fast. Please contact me if you would like to discuss this option. Before I issue the 30 Hour Famine materials to your child, I would like your acknowledgment that you support his or her participation.

Thank you.



Andy Chang, Youth Director

FOR THE STUDENT:

I, _____, want to participate in the 2008 30 Hour Famine.

I am participating in (check all that apply):

- the fasting/Famine
- the lock-in (if I raise the \$30)
- the service project

I understand the requirements of the Famine (as listed above) and am willing to experience hunger and serve others with a good attitude and without complaining. I understand that I will be respectful of and obedient to all chaperones, and that if I am not on my best, Christ-like behavior, I may be sent home early.

Student's Signature

FOR THE PARENTS:

I give permission for my child, _____, to participate in World Vision's 30 Hour Famine with RCCC, April 25-26, 2008. I understand the requirements of the Famine as listed above; if my child is fasting, I am aware (to the best of my knowledge) of any potential health risks to my child regarding fasting and have given him/her permission to fast for 30 Hours. I agree to not hold RCCC, its staff, or its volunteers, responsible for the effects of fasting, during and/or after the famine.

I also consent to my child participating in the RCCC Lock-In. Adequate supervision by adult chaperones will be provided at all times; I understand that my child is expected to behave properly and follow the rules from the chaperones. If my child breaks the rules, I may be asked to come pick up my child from the lock-in.

Parents' Name (please PRINT)

Emergency Contact Phone Number

Signature of Parent/Legal Guardian

Date